

iIntegrated GPA

Independent eLearning & classroom session



Gentle
Persuasive
Approaches

#iGPA

AGE

www.ageinc.ca

Advanced Gerontological
Education



What is Integrated GPA?

Integrated GPA (**#iGPA**) is a unique two-part dementia care education initiative that blends individual eLearning (Part 1) with a virtual or traditional classroom session (Part 2). The classroom session is facilitated by a GPA Certified Coach. iGPA is equivalent to our standard full-day GPA Basics education session. iGPA is particularly cost-effective and convenient for post-secondary institutions or large organizations who need to train groups while ensuring swift transfer of knowledge into practice at the point of care. iGPA is multidisciplinary, making it ideal for all staff, as well as students and volunteers.

Part 1 Independent eLEARNING

Available in English or French.

GPA eLearning guides participants to better understand responsive behaviours associated with dementia so that they can interact effectively, respectfully and safely in the care setting.

GPA eLearning includes key content from our 4-module GPA Basics education session, delivered via short video tutorials. It is based on adult learning principles, designed to be engaging and motivating, enriched through vibrant graphics and professional narration. A GPA e-Manual (download) is included.

Session Objectives

At the end of their eLearning, participants will be able to:

- ✓ Recognize persons with dementia as unique human beings who can display an emotional response to stimuli.
- ✓ Understand that behaviour is related to brain function and that it is critical to apply strategies that maximize remaining strengths and compensate for losses.
- ✓ Use caregiving strategies that support persons at risk for delirium.
- ✓ Choose strategies that prevent and defuse responsive behaviours.
- ✓ Apply suitable and respectful physical techniques to situations of risk at the point of care.

- Includes downloadable GPA e-manual
- Online tech support available



What's Required?

PC or Mac. For the best experience, the Chrome browser is recommended. Internet speed 400 Kb/s. Headphones (*not included*) will ensure an immersive audio experience.

Session Time: 2.5 to 3 hours.

TIP!

AGE recommends that eLearning be completed in one sitting to ensure learning continuity and strong knowledge retention.



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#iGPA Actuellement, la partie 2 est disponible en anglais seulement

Part 2 CLASSROOM Session

Choose a *virtual* or *traditional* classroom option

All classroom sessions (virtual or traditional) are facilitated by a GPA Certified Coach. Participants review and apply the GPA principles, strategies and techniques from their eLearning (Part 1) by participating in partner and small-group activities, creative solution finding and role playing/practice scenarios.

TIP!

AGE recommends that participants take the classroom session **no more than 10 days** after their eLearning (Part 1) to ensure learning continuity and strong knowledge retention.

Session Objectives:

At the end of Part 2, participants will be able to ...

- ✓ Recall and apply key GPA principles with hands-on activities.
- ✓ Demonstrate safe and respectful physical techniques.
- ✓ Apply GPA therapeutic approaches in a care scenario.

Classroom Ratios:

- 1 Coach / 10 participants (*maximum*).
- 2 Coaches / 20 participants (*maximum*).

What's required? Each participant will download the GPA eManual in their eLearning (Part 1).



GPA Activities
Learning Package

In Part 2, guided small-group activities may require organizations to purchase extra sets of the GPA Activities Learning Package (see image, right, \$80.00 plus tax). In the traditional classroom, one package is required for every 3 to 4 students. In a virtual classroom, learning activities are available as online exercises. Once certified, each GPA Coach receives their own ALP Learning package and links to the online version.

Classroom Time: Approximately 3 hours.

NOTE ABOUT FRENCH: Part 2 is not yet available in French. Contact us for a timeline on when the French version will be available.

iGPA FAQs & PRICING

Is iGPA equivalent to the standard GPA Basics?

Yes! iGPA (with traditional or virtual classroom option) includes the same crucial GPA knowledge with the opportunity for knowledge application that participants receive in a standard GPA Basics session

Is iGPA right for your organization?

Are you an organization or post-secondary institution that will train large groups? Do you need to ensure swift transfer of knowledge into the point of care? If so, iGPA may be for you ...

- **iGPA is Convenient.** Online eLearning (Part 1) can be done at any time convenient to the participant. Classroom learning (Part 2) can take place virtually or at your physical site.
- **iGPA is Cost Effective.** The 2-part structure helps organizations reduce backfill costs and alleviate the logistics of scheduling for full-day replacement of staff.
- **iGPA Ensures Swift Knowledge Transfer.** Training large groups means organizations benefit from rapid knowledge transfer into practice.
- **iGPA is Multidisciplinary.** Suitable for everyone who interacts with older adults, including your volunteers.

Organizational Considerations

For their initial session, a Coach will require prep time to review the eLearning program, iGPA Coach Guide, Tutorial & supplementary materials.

How do you sustain your investment in iGPA?

The In-House GPA Champion Model

A critical component of GPA sustainability is the in-house GPA Certified Coach (CC). Coaches are individuals selected by their organizations to serve as practice change champions beyond the classroom setting, at the point of care. AGE promotes GPA CCs to engage in case-based discussions, behavioural team facilitation and on-the spot mentoring by awarding credit for these coaching hours towards GPA CC Annual Maintenance Requirements. For more information on the selection and maintenance of the Coach role [click here](#).) Although the commitment to sustainability ultimately rests with the organization, GPA Recharged (GPA-R) also helps promote and support GPA sustainability in the care setting (*more info below*).

IMPORTANT!

The iGPA classroom session (Part 2) requires an in-house GPA Certified Coach. If you do not have a coach, contact us to train one. AGE can also facilitate Part 2 for you – see the note on pricing for this option below the orange pricing chart, at right.

Sustainability and GPA-Recharged (GPA-R)

GPA-R is a 2-hour interactive group session, facilitated by your GPA Certified Coach **at your site**. It recharges staff's knowledge of GPA principles and skills. Sessions are tailored to meet the learning needs of participants, based on current clinical issues and/or identified themes in the care setting. It is an unparalleled opportunity for group discussion on current care situations and a chance to engage in small-group solution finding for some of the complex scenarios that take place in dementia care. As part of group learning, staff are encouraged to share individual and team experiences as well as strategies and outcomes derived from using GPA at the point of care. AGE recommends staff attend a GPA-Recharged session annually.

iGPA Pricing

1-year agreement/contract with AGE Inc. is required.

All licenses must be used within 12 months from contract date.

**Initial set-up fee may apply. Fee waived if organizations pay for participants up front. Please contact us for details.*

Number of Participants	Cost Per Participant (plus tax)*
1 - 24	\$94.50
25 - 399	\$70.50
400 - 499	\$46.50
500+	\$32.50

IMPORTANT!

***Pricing does not include the cost of training a GPA Certified Coach to facilitate the classroom session.**

Prefer that AGE facilitates your classroom session?

Add \$50 *per person* to pricing in the chart above.



iGPA Completion Kit

\$5 per kit. Includes a GPA lapel pin and iGPA wallet card. Please contact us to place your order.

HOW DO YOU ACCESS iGPA?

Just contact us info@ageinc.ca

