



Online dementia
care education?

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GENTLE PERSUASIVE APPROACHES (GPA)

Helpful dementia care strategies
and techniques for use during COVID-19

AGE

Advanced Gerontological
Education

www.ageinc.ca



Gentle
Persuasive
Approaches[®]
Dementia Care Curriculum

A gentle reminder for ...

Successful Verbal Redirection

Validate → Join → Distract → Redirect



Use

Gentle Persuasive Approaches

- » Recognize the person behind the disease
- » Know the person's likes, habits, values, and needs
- » Avoid malignant interactions
- » Look for meaning behind the behaviour
- » Remember the damaged brain
- » Avoid assumptions
- » Use strategies that promote remaining strengths
- » Flag sudden changes—remember delirium!
- » Prevent and respond to a grasp reflex
- » Incorporate the person's past
- » Understand yourself
- » Consider personal space—remember the instant relief!
- » Approach Whisper Zone with care
- » Use positive communication strategies
- » Concentrate on the person not the task
- » Validate the person's emotional message
- » Give your undivided attention
- » Pass your successes on to others
- » Remove bystanders and offer support