

GPA FROM AN EMPLOYER'S POINT OF VIEW



“GPA training is recognized in long-term care as the most effective training for staff to use in the long-term care environment with residents experiencing responsive behaviours.”

— Cindy Doris, Manager, Quality Education, St. Joseph at Fleming Long Term Care Homes, ON

“The Ottawa Hospital’s policies on delirium, restraints and sitter use incorporate the GPA concepts of de-escalation management from a non-pharmalogical approach.” — Marney Cooper, Nurse Specialist (Geriatrics), Geriatric Consult Team, The Ottawa Hospital, ON

“As part of our recruitment process, we seek out candidates that have their GPA certificates. We know that these individuals have the knowledge, abilities and skills to provide extraordinary care to persons living with dementia.” — Lisa Wauchope, Director of Senior Care, Bookjane, ON

ABOUT AGE



Advanced Gerontological Education (AGE) Inc. is a national not-for-profit social enterprise in Hamilton, Ontario. Our main product is Gentle Persuasive Approaches (GPA®), a practical, evidence-based, multidisciplinary dementia care curriculum. GPA guides care providers to use a person-centred, respectful, compassionate approach to dementia and responsive behaviours. Everything participants learn at a session is immediately useful at the point of care.

More than 350,000 participants in over 2,000 organizations across Canada have taken GPA. To learn more about AGE and its products and services, visit our website:

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WHY DO LONG- TERM & ACUTE CARE BELIEVE IN GPA® EDUCATION FOR STAFF?

Testimonials from the
Point of Care



Gentle Persuasive Approaches

A dementia care education program

AGE | Advanced Gerontological
Education

WHY IMPLEMENT GPA IN YOUR ORGANIZATION?

- ✓ Helps safeguard staff safety.
- ✓ Meets legislative and accreditation safety requirements.
- ✓ Equips staff with practical real-life strategies for responding with confidence to behaviours associated with dementia.
- ✓ Based on adult learning principles — the learning framework is both theoretical and practical.
- ✓ Knowledge and skills gained are immediately useful in the care setting.
- ✓ The program is sustainable.
- ✓ GPA is available in English and French.

“We needed to find a program that could change our dementia care culture. The GPA program is geared to the adult learner, focuses on dealing with day-to-day situations encountered on the units. The GPA program adds to the theoretical learning and assessment of PIECES. The learning activities vary and emphasize what was learnt in class. Feedback from the attendees have been nothing but positive.”

— Marielle Lafond, Chief Nursing Officer, Actionmarguerite, Winnipeg, MB

“As we continue on this journey, working with the care environment, staff understanding and approaches, we definitely see the positive impacts and successes that are guided by GPA. Our team has become stronger since the implementation of GPA practice and principles.”

— Katie Hutchins, Director of Resident & Family Services, King Nursing Home, Whitchurch-Stouffville, ON

GPA HAS A POSITIVE IMPACT AT THE POINT OF CARE



“GPA will directly assist us in working towards our strategic initiative of ‘reducing preventable harm to staff.’” — Rebekah Larter, Elder Life Specialist, Guelph General Hospital, ON

“Understanding responsive behaviours and being able to respond effectively and appropriately is imperative to providing excellence in care. ... The [GPA] techniques also provide **such respectful gentle redirection and self protection when staff and residents are faced with risk.**”

— Kim Cameron-MacDonald, Director of Recreation, Spiritual and Volunteers, R.K. MacDonald Nursing Home, Antigonish, NS

“In a survey after the ‘Acute Care for Elders’ (ACE) Collaborative and following GPA training, staff were asked which behaviours were the most challenging when providing care. **The results showed a decrease in 12 of 13 responsive behaviours originally listed as the most challenging.**”

— Martha Budgell, Safe Elder Care Professional Practice Clinician, Halton Healthcare, ON

“Since we started training staff in person-centred care and GPA **we noticed a decrease in the number of falls, a great increase in the number of residents participating in meaningful activities and we have eliminated all restraints in the home ...**”

— Monika Berinde, Resource Nurse, Parkview Home, Whitchurch-Stouffville, ON

“... ongoing GPA education has cultivated a strong, healthy, resilient team who not only see the person who is living with dementia, but who have the ability to support the person to live well.”

— Rachel Lewis, Sun Pointe Village Administrator, Baptist Housing, Kelowna, BC



“As the general health care approach for the frail elderly has evolved over many years, the training tools and support of staff needed to change. GPA became the most immediate, impactful and hands-on resource that gave staff and the residents positive results and practical solutions. **Changing the culture will take time, GPA is a big leap taken to bring about that change in culture.** — Charles Gagné, Chief Executive Officer, Actionmarguerite, Winnipeg, MB