
COURSE DESCRIPTION

GPA RECHARGED (GPA-R)

Duration | 2 hours (one (1) 2-hour session, or two (2) 1-hour sessions)

Facilitator | GPA Certified Coach

Target Learner | Care providers in a professional setting who have previously participated in GPA Basics (or the former Student Edition)

Prerequisites |

- Potential or current job role includes interaction with persons with dementia
- GPA Basics (or the former Student Edition) within the prior two years
- 18 years of age or older

Completion Requirements | 100% attendance (completion card provided)

Renewal | GPA-Recharged (GPA-R) refresher, annual renewal recommended

Standard Cost | \$6 / manual

Course Content |

- Review of key GPA Basics principles from all four modules
- Review of the SPEED model and the 8 A's of dementia
- Review of personal space, triggers, and verbal redirection strategies
- Review of self-protective and gentle redirection physical techniques
- Group Applied Practice scenarios

**How do I access GPA-R? Contact your organization's in-house GPA Certified Coach.
[View the recommended GPA Renewal Schedule.](#)**

For more information: info@ageinc.ca
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