



2016 | 2017 AWARD RECIPIENT
GPA LEADERSHIP EXCELLENCE
IN PERSON-CENTRED CARE

AGE congratulates Bloomington Cove Care Community

Promoting Choices, Independence and Quality of Life through a Person-Centred Model of Care

Bloomington Cove Care Community (BCCC) has chosen a resident-centred model of care, rather than a medical model. Every resident has Alzheimer's disease or a related dementia and staff recognize that as these diseases progress, resident care needs change. The community has found that they are better able to meet changing and complex care needs using a person-centred approach.

Janet Iwaszchenko, BCCC's Executive Director, shared how the Bloomington community enhances person-centred care through integration of GPA ...

"We added a team-based communication mechanism. Typically, we have 15 to 20 residents experiencing a difficult phase in the disease. It's important for everyone to be aware and to contribute to problem solving and decision making to help these residents. Each day, home area, dietary, housekeeping, nursing and maintenance teams meet to discuss these residents. Discussions include the application of GPA-based concepts and strategies. This way, staff know which residents require additional attention. Using GPA, they can be creative and confident in their interactions."

"Our goal in 2017 for our newly trained BSO Team Certified GPA coaches was to appoint a GPA champion in each of our 4 home areas for each shift. Having the support of an in-house Certified GPA Coach as a resource and mentor at the point of care will further enhance the quality of life for residents as well as the quality of work life for staff."

"Our daily home area risk management team huddles — used to identify and discuss residents who are experiencing a difficult time — have been successful in identifying interventions, particularly in responsive behaviours. The team is able to apply GPA principles and strategies to determine a care plan. For example, Mrs. L came to us with mid-stage dementia and had an ABS (Aggressive Behaviour Scale – RAI-MDS) of 8. She chose a favourite sitting spot but became possessive of the area, screaming and picking up her walker to hit other residents if they came near. The team decided to introduce her to doll therapy. She enjoyed it very much, choosing two baby dolls as her own. She would talk and sing to them and when other residents approached, she would smile and talk to them about her babies. Mrs. L's ABS is now 3. This is a true testimonial to the benefits of using GPA to address the triggers in responsive behaviours, minimize risk and provide a person-centred option that offers purpose and meaning to the resident."

Bloomington Cove Care Community | Devoted Exclusively to Dementia Care

Bloomington Cove Care is owned and operated by Sienna Senior Living. Situated in York County, Ontario, it is the only long-term care community in the province devoted exclusively to dementia care. They have been training staff in GPA since 2010. Home to 112 residents, Bloomington Cove Care Community has a staff of 143 with 12 volunteers. [Learn more about BCCC here.](#)

A Day in Pictures! Bloomington Cove Care Community

